



FARMINGTON  
EAR, NOSE & THROAT



Justin W. Roberts, D.O., Otolaryngology-Head and Neck Surgery

501 W. Pine St., Farmington, MO 63640

Phone (573) 756-8888 Fax (573)701-9547

---

### **POSTOPERATIVE INSTRUCTIONS FOR FRENULECTOMY/FRENULOPLASTY**

The following are instructions for patients who have undergone a frenulectomy or frenuloplasty. Please refer to this sheet and if it does not satisfactorily answer your questions do not hesitate to call my office at any time.

- Mild pain or discomfort is expected following surgery which may be treated with regular Tylenol or Motrin. **Do not drive if taking any narcotic for pain or medication for dizziness in the post op period or after any treatments. The patient fully understands this warning.**
- Your diet should be clear liquids for 24 hours following surgery. Once resuming regular diet, rinse mouth with ½ water and ½ mouthwash following meals.

Please call the office if you have any problems or questions. After hours you can reach me through the hospital. 573-756-6451